**This is your brain…**

**After reading “Inside Amy’s Brain,” chronicle a normal day in your life by explaining your thoughts, feelings and emotions about different events and explain which part of your brain is causing this behavior and why. You must use at least 5 different events. Use the back of this paper or attach another paper for more room.**

**HINT: Use the article as a guide. Talk about an event in your day and tell what part of your brain controls it.**

**Example:**

**Activity: Brain part/function responsible:**

1. **Sleeping during block 1 Brain is still bathed in sleep chemical**

***melatonin—*adrenaline would help overcome its effects, but lectures won’t help!**